



R-Group Process

WANDERING

Materials: One copy of the questions on the following page for each person in the group
Music - “Take My Worlds Apart” by Jars of Clay

Process: Have the men or women circle up. “Men [Ladies], I want to invite you into a time of introspection.” Hand out the questions. “Find a place nearby to read and reflect on these questions. You can stand, sit, or take any posture that’s meaningful to you. When you hear the music, come back to the circle.”

Give the group members a period of time commensurate with the time you’ve decided to devote to the sacred space portion of the meeting. When the time is up, begin the music.

As the men or women arrive back at the circle, instruct them to maintain silence. When the song finishes, invite the men or women to close their eyes. Say the following words: “There is one constant in each of these questions. HE IS THERE! [Pause] Are you willing to risk believing this is the TRUTH, regardless of where you have been and where you are going? [Pause] What is at risk for you to believe He is for you, leading you, step by step? [Pause] Men [Ladies], open your eyes. In one or two sentences, what is coming up for you right now?”

This last question could be modified to allow for a more lengthy response that could lead into a more lengthy work round.

Where have you been in relationship to God?

Where ARE you in relationship to God?

Where are you going in relationship to God? Can you see at least the next step?