

5 WEEKS OUT - ENTIRE STAFF

SUBJECT LINE: "WATC CO/KY/EC 5 WEEKS OUT Check-In"

Happy Friday, sisters!

This week we are going to check in around the state of our hearts on a personal level, NOT as it relates to the weekend. We checked in around the subject of the weekend and being a part of a team, and now it's time to begin getting to know each other outside of simply being a WATC staffer. This may feel risky to some of you. I want to remind everyone of our commitment to confidentiality and to not giving advice. Our deepest longing is to create a safe environment for women to be themselves. Even through these emails, we hope that you feel safe enough to give us a glimpse into your heart and what is going on in your life (briefly). I encourage each of us to take a risk in this check-in, to move toward community by being authentic and vulnerable. As we say on the weekend, "We are wounded in community, and we are healed in community."

Check in: Take some time to get in touch with your heart. Check-in with a paragraph about the state of your heart. All is welcome, sisters.

Here's my check-in: [insert your check-in here]

Registration Update: **EXAMPLE:** We are limiting the weekend to 35 women, instead of 36, to accommodate our new Rock Work structure. (Seven Small Groups instead of eight.) So we are still full with 35 women and seven women on the waitlist. Please continue to invite women because we often have a handful of drops and need to have women on the waitlist to ensure a full Weekend.

<insert names of attendees>