

3 WEEKS OUT - TEAMS ONLY

SUBJECT LINE: "WATC CO/KY/EC 3 WEEKS OUT Check-In"

NOTE: On Thursday, send out following email with subject: *Instructions WATC CO 3 Weeks Out Check-in.*

Hello you beauties!

Below is the text that you can cut and paste into a new document to send out to your teams tomorrow. Please do the following things:

- Make the subject line "WATC CO 3 Weeks Out Check-In"
- Please remember that we have some changes to the teams since the last team check-in, so please make sure you are sending it to the correct women.
- Some women have two email addresses (me included) that pop up when you start to type their names in. Please use the email on the contact list.
- The following women have dropped from staffing, please make sure they are not on the distribution list. [insert names if applicable]
- Please copy WL, AWL, Staff Coordinator, and Regional Coordinator on your email. We will check-in with each team.
- Please add your own check-in after copying and pasting and before sending.
- Be as vulnerable as you can to foster deeper responses.
- Feel free to use your own voice with the greeting and intro.

Thank you! Looking forward to seeing you next week at the staff meeting. Here's the check-in:

Hello Sisters!

Thank you so much for your vulnerable and authentic check-ins. It's a beautiful gift to get a glimpse into your hearts.

This week we will check in around the topic of one of our False Selves and what is behind it. In the Fear Exercise on the Weekend, we demonstrate that behind each False Self is a fear. And behind that fear is a good and holy desire.

An example looks like this:

The False Self: The Perfectionist, which says, "You have to do everything perfectly. Don't mess up!"

The Fear: "If you don't do everything perfectly, others won't like you." (Wound: What happened to make you believe this?)

The Good and Holy Desire: "I want to be accepted and loved."

Check in: As you to prepare for your staffing role, what predominant False Self are you aware of? How might that False Self show up on the weekend? What happened in your life that brought this False Self into existence? What is the good and holy desire behind this False Self?

Here's my check-in: [insert your check-in here]

Registration Update: **EXAMPLE:** We are still full at 35 Attendees with six women on the waiting list! This is the time when women begin making plans to come and decide they have to drop, so please continue to invite women to be on the waitlist. Here are the names of the attendees so you can pray for them over the next few weeks.

[insert names of attendees]