



PROTOCOL FOR DIRECTOR OF WATC/MATC TO ADDRESS REGISTRANTS WITH A TRAUMA BACKGROUND

Once the Director of WATC/MATC is informed that a person checked "yes" to trauma, follow these steps:

1. Call within 48 hours of the person's registration on the website.

Introduce yourself as the Director of WATC/MATC

2. Acknowledge their registration and thank them for signing up

Ask and discuss with the registrant the following questions: (Make note of their answers.)

"We noticed that you checked that you have had some trauma in your life. We asked that question in order to best serve those who attend the weekends.

Do you mind if we talk for a few moments about how any trauma might impact your weekend experience?

Was your trauma of the sort that you sought or are seeking professional help for it?

What impact, if any, does the trauma have on you currently?"

Depending on what they say, and as needed, I would describe the weekend as follows:

On the weekend there are opportunities to do some deep personal growth work - emotionally, mentally and spiritually. It can be an intense experience, which for some people who have experienced trauma it can trigger memories or deep emotions. If an attendee is still experiencing the impact of the trauma the weekend experiences could _____ (not be helpful for) the attendee.

Based on their response, discern whether or not the weekend is appropriate or not at this time.

If necessary, you can describe that some of our experiences afford people to deal with anger, shame and fear and that this can be uncomfortable for some people with trauma in their backgrounds. (Because of the vulnerability

If you feel that the weekend might not be the best option for them at this time explain why. If this is the case we are of course wanting to be compassionate and sensitive to how this might impact them and take time to process their reaction/needs with them. Tell them they will receive a full refund if we deem that it is not the best time for the weekend.