



**Media: Lights**

Review this job description as you prepare for the Weekend. Go over it on the Weekend as well in order to be present to your goals as the lights person.

**FRIDAY**

<p><b>Opening Ritual/Opening Context</b></p>	<p>Lights all the candles by 1:50 pm</p> <ul style="list-style-type: none"> <li>● Turns off all lights in the room or sets up mood lighting using floor lamps depending on the Weekend Leaders preference (SAFETY FIRST!)</li> <li>● Turn on the lights AT THE END OF when the Staff in unison says,             <ul style="list-style-type: none"> <li>○ “You are not God. You are not in control. Lay down your illusions. Come, walk in the light.”</li> </ul> </li> </ul>
<p>Check-In</p>	
<p>Group Building</p>	
<p>Dinner Table</p>	
<p>False Self Talk</p>	
<p>Three Selves Talk</p>	
<p>Fear Talk</p>	


**SATURDAY AM**

- Check-in
- Emotions
- ANger
- Shame Talk
- Shame Journaling

**SATURDAY Afternoon**

- Rock Work Ready

**SATURDAY Evening**

- Worship
- Burning of Shame
- Surrender to Love
- Walking in the Light
- Visualization
- Body Movement

**SUNDAY AM**

- Worship
- Check-in
- Foot Washing
- Broken & Beloved
- Blessing/Image of Christ
- Taking the Weekend Home

**SUNDAY PM**

- Weekend Details
- Putting the Truth on the Bags
- I AM Ceremony
- Final Checkout

Shame – turn down, p. 23

Walk in the Light – turn down, p. 24

Surrender to Love – turn down, p. 24

Visualization – turned down, off, p.24

Footwashing – off, p. 27

**Friday:**

Opening Ceremony, all ceiling lights remain off until staff in unison says "come walk in the light" and then all ceiling lights will be turned on.

They remain on until the Three Selves Talk, outer lights are on while the inner rectangle lights are off, remains the same for the remainder of the night

**Saturday:**

Transition to Worship- inside rectangle lights are on, outer lights are off

Anger Transition- inside rectangle lights are off, outer lights are on remains this way through shame journaling,

Shame Journaling- all lights are on

Rock Work Ready- Inner rectangle lights are on, outer lights are off

Transitions to worship- can lights & one set of inner rectangle lights are on, remaining lights are off

Surrender to Love- Can lights on and all ceiling lights off

Body Movement- Can lights on to start and as attendees remove blindfold turn center rectangle lights on, outer lights off

**Sunday:**

Worship- all lights off

Transition to Receiving- blinds open and center rectangle lights on, outer lights off

Foot Washing- all ceiling lights off, blinds open

Broken and Beloved- Center rectangle lights on, outer lights off

Taking the Weekend Home- Blinds shut, Center Rectangle Lights on, outer lights off

Weekend Details to Silent Goodbye- Center Rectangle lights on, outer lights off