



## FALSE SELF TALK SCRIBE

**TIMING:** Friday afternoon, following the break after Dinner Table

**EXPECTATION:** Only what is on this page should be written on the whiteboard as the Speaker goes through the talk. Do not write all that the Attendees give as answers because some may not be key points of WATC Weekends. Scribe may have a printed copy of these notes or write them out on a notecard. Write legibly and large enough for women to read. Stand to the side of the board during talk when not writing. You can sit down once the final writing piece is complete.

**PURPOSE:** to continue to build container of acceptance and freedom, to model taking risks to be known and loved

**SPEAKER:** Before the talk begins, Speaker draws and labels two trees on the board (far left and far right). On the left is the “Tree of Life” and on the right is the “Tree of the Knowledge of Good and Evil.”

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### THE TALK

**SPEAKER WILL SAY [p. 2 of False Self Talk]:**

This afternoon, I’m going to talk about what happens when we keep our rocks in the bag and don’t bring them out into the light. To do that, we need to look first at where it all began. It all starts in the Garden. In Genesis 2:25 it says, *“The man and his wife were both naked, and they felt no shame.”* They were exposed, no shame, dependent on God, and received everything they needed from God.

**SCRIBE:** As soon as the Attendees start answering, write ONLY the following words on the Tree of Life, regardless of what the Attendees say or don’t say.

Love	Provision	Worth	Purpose
Safety	Joy	Value	Relationship
Security	Significance	Acceptance	

**SCRIBE:** After you write these on the Tree of Life, **place the marker on the dry erase board** and step slightly to the side. The Speaker will use the dry erase board to draw some.

**SPEAKER WILL SAY [p. 4 of False Self Talk]:**

Paul uses the words “old self.” I would like to use the words “False Self” to mean the same thing. This term because it gives some definition to what the old self really is. The False Self is that part of us that is not redeemed by God, but rather must be put to death or “put off.” All the false ways of living are created out of this one choice to reject God’s way and do it our own way....

What did Adam say when God confronted him? “*The woman you gave me.*” Adam’s False Self was the **BLAMER**.

**SCRIBE:** When the Speaker says “Blamer”, write “blamer” on the Tree of the Knowledge of Good and Evil on the right side of the board.

**SPEAKER CONTINUES:**

What did Eve say when God confronted her? “*The serpent deceived me.*” Yes, she was the **VICTIM**.

**SCRIBE:** When the Speaker says “Victim”, write “victim” on the Tree of the Knowledge of Good and Evil on the right side of the board.

**SPEAKER WILL ASK STAFF [p. 4 of False Self Talk]:**

“*What are some of your False Selves? And what are you trying to get through your False Selves?*”

**SCRIBE:** Write **whichever False Selves the Staff** say on the Tree of the Knowledge of Good and Evil.

**SPEAKER WILL ASK ATTENDEES [p. 5 of False Self Talk]:**

“*What are some of your False Selves?*”

**SCRIBE:** As the Attendees begin answering the question, **write ALL of the following** under the Tree of Knowledge and Good and Evil (not repeating any that may have been listed by the Staff). If Attendees mention something not on this list, please add it as well.

The Performer	The Predator	The Clown	The Perfectionist
The Liar	The Tough Girl	The Rager	The Unforgiving One
The Religious One	The Controller	The Right One	The Stoic
The Judge	The Peacemaker	The Cynic	The Vindictive One
The Passive One	The Expert	The Addicted One	The Seducer
The Busy One	The Isolator	The Bitter One	The Critic

**SCRIBE:** Once you have written all of these False Selves and the ones verbalized by the Attendees, you may leave the marker on the whiteboard and be seated.