

## ROCK WORK READY - ATTENDEES



**EXPECTATION:** It is preferred that you memorize this talk by heart and not use any note cards, but you may make ONE note card to use in an emergency. Do not deviate from the script.

**PURPOSE:** To continue to build a safe container of support from the Staff, to guide the Attendees to their hearts and to their warrior strength in preparation to battle

**ENERGY:** from the heart with strength and authority

- Line Leaders ready the Attendees by having them form a single file line outside of the room and make sure they maintain silence. Someone will let them know when it's time to bring the women in.
- "Fight Song" will be playing in the meeting room. The Line Leaders lead Attendees single file around the inside of the circle until the first Attendee in line reaches the last staff woman, and each staff woman is eye to eye with an Attendee.
- Signal the iPod person to fade out music when Attendees are set in place eye-to-eye with a Staff woman.
- "The Unmaking" song plays. Staff maintains eye contact for the duration of the song.

### THE TALK

Please turn and face the center of the circle. **[Pause]** Sisters, you have come to this weekend seeking to grow into the women that God has called you be. We opened the weekend talking about some of the hindrances that keep you from fulfilling your high and noble calling as daughters of God, created in His image. Today we are going to look at what's in the bag. What rocks have you been carrying around with you, either known or unknown, that cause you to live in ways that you do not want to live? What is blocking you from living in freedom?"

Today you will have an opportunity to identify and affirm certain truths about yourself. We affirm that all that is true about you is because of Jesus Christ in your life. He is the source of these truths, and we will celebrate them with you.

In this circle of women, at this time, we come to support one another as sisters, and we look to God to help bring what is in the darkness into the light. So sisters, are you ready?" **[Response will normally be weak.]**

**[With a jovial tone say something like this]** Well that wasn't very convincing. I'm going to ask you again If you are ready, and if you are, I invite you to say, "Yes, we are!"

Are you ready? **[Said with a strong voice.]**

Are you ready? **[Extravagant cheering by Staff until you signal to stop; let cheering go on for a long time.]**

**[Pray a brief prayer inviting the Holy Spirit into the day and for God to come in power.]**