



## WALKING IN THE LIGHT

**TIMING:** Saturday PM; follows after the “Surrender to Love” talk where Attendees lay their False Selves down (tote bags) and Staff has the opportunity to come to the Cross during the song, “*At the Foot of the Cross*”.

**NOTE TO SPEAKER:** It is expected for you to know this talk well. You may use ONE note card. This is firm.

**ENERGY:** This brief talk should come from the heart with strength and authority. Do NOT diverge from the basic content.

### MATERIALS:

- Votives: # of Attendees \_\_\_\_\_ PLUS 1 for the Speaker = \_\_\_\_\_
- One Large Rock for the Speaker

**ROOM SETUP:** (*this should have already been done during the break before Surrender to Love*)

- Cross is on the floor with the River of Grace (Blue Cloth), three large candles, and votives just like at the beginning of the weekend.
- Lights are turned all the way down
- Votives on the cross are lit. Put ONE EXTRA Votive candle on the cross for the speaker.
- Large rock should be at the front of the room for easy access by the speaker.

***(As soon as the “Surrender to Love” speaker is finished step up and begin.)***

### THE TALK

Ladies, hold the rocks that you have been carrying this weekend in your hands.

Since yesterday we have asked you to carry these rocks around with you wherever you go.

The rocks represent the things that you hide, repress and deny in your lives, those things that have weighed you down, sometimes without knowing it. We have spent the weekend looking in the bag at the rocks – the fear, the anger, the shame, and all the stories that we witnessed today.

As you have kept these rocks hidden in your lives you have created false selves to cover up the truth about you, that you are in need of God and others, that you are weak and vulnerable. Like all humans, you have hidden from the truth that you are just human and you are not God. Many of these false selves that you have identified this weekend have been inspired by the rocks in your bag.

You have just laid those false selves down at the foot of the cross. You are not women who choose to hide. You are women who want to walk openly before God and others and you’ve proven that this weekend. You are women who want to live in the truth of who you are in Christ.

***With energy and strength: (but not overdone or too dramatic)***

Today was not like any other day in your life. Today was a day of courage and risk. Today was a day for discovery – that you are not alone. That God is with you. That your sisters are with you. It has been a day to discover that God has connected you to His power and love. Today has been a day of Victory and Freedom. *(Staff cheer for the women.)*

Do you want to get rid of these rocks?! *(Strong, but not too crazy)*

**ASK the Attendees and Staff to stand.**

Each of you has chosen to bring a rock out into the light this weekend. Now, we will proclaim it with our voice and from the depth of our will.

**SPEAKER INSTRUCTION:** *Take a large rock (this will be an extra one) and walk to the foot of the cross and set the rock down on the blue cloth. Pay attention to how you do this– the women will do what you do. Use strong and clear energy and be intentional:*

- 1. Walk to the foot of the cross,*
- 2. Lay the rock down (do not slam it),*
- 3. Pick up a votive candle, and*
- 4. Stand, hold your hand up, and say “I choose to walk in the light.”*

**INSTRUCT THE ATTENDEES:**

When you are ready, come forward one at a time to the foot of the cross and lay down your rocks, pick up a votive candle, and then proclaim *“I choose to walk in the light.”*

We will all respond with, *“Be strong!”*

**Once all the women have laid down their rocks and picked up a votive, Say a Brief Prayer of gratitude to God**

**Give this instruction: Please turn off/blow out your candles and leave them under your seat. At the end of the weekend, we will give you a votive at the end of the weekend to mark this occasion.**